

Registration Form

TAX INVOICE
CPM ABN: 84 589 199 516
Muller 2012

TITLE: _____ NAME: _____

ADDRESS: _____

_____ POSTCODE: _____

PHONE: (____) _____

EMAIL _____

Please print to ensure legibility

SELECT YOUR WORKSHOP

- Brisbane – Wednesday 18 July 2012
- Melbourne – Saturday 21 July 2012
- Perth – Monday 23 July 2012
- Adelaide – Wednesday 25 July 2012
- Sydney – Saturday 28 July 2012

PAYMENT

- \$297 (incl \$27 GST)

Cheque/money order payable to CPM

Credit Card

- Mastercard Visa

Expiry: ____/____

NAME ON CARD: _____

Please print

SIGNATURE: _____

**POST: CPM Training & Counselling
PO Box 188
HEIDELBERG VIC 3084**

FAX: (03) 9497 1762 *[Please DO NOT fax cover sheets]*

PHONE DETAILS TO: (03) 9497 1426

Workshop Details

Venue: Brisbane

Bardon Conference Centre,
390 Simpsons Road, Bardon

Melbourne

Darebin Arts & Entertainment Centre
cnr Bell Street & St Georges Road, Preston

Sydney

Wesley Conference Centre, 220 Pitt St, Sydney

Perth

Boulevard Centre, 99 The Boulevard, Floreat

Adelaide

Rockford Hotel, 164 Hindley Street

Workshop Duration: Each workshop will run from
9.00 am to 5.00 pm (including AP/PM refreshments
and lunch).

Included in Registration:

- AM/PM refreshments and lunch
- Notes
- A copy of Dr Muller's award-winning book: *Trauma and the Avoidant Client: Attachment-Based Strategies for Healing* (rrp \$34.95).

Registration Fee: \$297 (incl GST \$27)

Professional recognition: This workshop is designed to
meets the criteria for Active CPD set by the PBA.

Special catering: If you require special catering, email:
cpmserv@tpg.com.au. Special catering CANNOT be provided
without prior notice.

Cancellation Policy: If you cancel more than thirty (30)
days prior to a workshop, you will receive a refund, LESS
\$50 administration fee. If you cancel less than thirty
(30) prior to a workshop, NO REFUND is payable. We
appreciate that medical conditions or other emergencies
can occur, but CPM cannot accept responsibility for these.
Registrations can be transferred to another person.

www.cpmservices.org

*Engaging traumatised clients who avoid
attachment, closeness and painful feelings*

A 1-day training workshop

Brisbane • Melbourne • Perth
• Adelaide • Sydney

Robert T. Muller
PhD, C.Psych

Associate Professor of Clinical Psychology, York University
Clinical Supervisor, Hincks-Delcrest
Treatment Centre, Toronto, Canada

*Proudly presented by
CPM Training & Counselling*



Robert T. Muller PhD, C.Psych

Rob Muller completed his clinical fellowship at Harvard University, then established a trauma assessment service for low-income community members while a faculty member at the University of Massachusetts, Boston. He currently holds faculty appointments in Clinical Psychology at York University and the University of Toronto and is a Clinical Supervisor at the Hincks-Dellcrest Treatment Center, in Toronto, Canada.

Dr Muller was recently honoured by the International Society for the Study of Trauma and Dissociation with the 2011 'Written Media Award' for his most recent book on the treatment of trauma. Throughout his professional career, he has been practising, teaching and supervising in the areas of trauma, attachment and psychotherapy. He has written numerous scholarly articles, books and book chapters, serves as editor and reviewer on a number of journal editorial boards and is lead investigator on a multi-site study for the assessment and treatment of intra-familial trauma. His trauma and attachment research team at York University has been funded by federal grants and by the Provincial Centre of Excellence for Mental Health in Ontario.

A sought-after speaker, he is known for the dynamic workshops he has presented internationally. With over twenty years of clinical experience in the field, he maintains an active private practice in Toronto. Dr Muller's most recent book is entitled *Trauma and the Avoidant Client: Attachment-Based Strategies for Healing*.

A copy of the book is included in your registration package.

Workshop Description

While there has been considerable research into the effects and treatments for trauma, surprisingly little work has been focused on specific intervention strategies to help traumatised clients who are avoidant of attachment. Many clients cope with traumatic intra-familial experiences by minimising painful feelings by becoming emotionally distant and by devaluing interpersonal closeness, intimacy and feelings of vulnerability. With individuals who adopt a self-protective help-rejecting stance, psychotherapy can prove very challenging for both client and therapist alike.

Drawing upon attachment theory and research, and upon a wealth of clinical experience, Rob Muller will show how to work with such hard-to-treat clients, how to find points of entry and ways to make contact. Using a relational, psychodynamic approach, he will discuss and demonstrate strategies to develop the therapeutic relationship, in order to help the client regain a sense of trust in others. The individual is encouraged to take interpersonal risks, to mourn losses, and to face vulnerabilities. The challenges that arise to the therapeutic relationship are used as a productive force in the treatment.

This workshop will focus on introducing and practicing practical clinical skills which will be immediately applicable in your clinical work. Theory is complemented by case examples and segments from Dr Muller's own treatment sessions.

Workshop Objectives

From this workshop, participants will learn:

- how to recognise characteristics of avoidant attachment;
- how to productively use trauma-related symptoms;
- how to maximise client engagement throughout the process;
- how to work with affect;
- to recognise and use client transference;
- how to effectively manage and use therapist counter-transference; and
- how to plan for the termination phase of treatment.

Workshop Description

This workshop is designed for psychologists, social workers, counsellors and psychotherapists and health/mental health professionals working with clients coping with trauma or trauma-related problems and symptoms.

Testimonials

Dr Muller provides a clear guide to implementing therapeutics using case examples as well as captivating, relevant therapy vignettes.

An outstanding speaker – fascinating workshop.

He shows us how to best help resistant clients trust the therapeutic relationship enough to be challenged toward making concrete change.